

# NAVIGATE ASL & LIFE WORLD

## A Retreat For Signers Only

Star Lake Lodge and Retreat Center  
Bloomingdale, NJ

November 11-13, 2011

**1.4 hours Gallaudet U. Professional Studies CEUs and  
1.3 hours RID General Studies CEUs provided.**

This retreat is for you! The retreat is a totally immersed signed environment, filled with interactive dynamic activities.

Along this self-discovery journey, we will navigate and explore our untapped assets and abilities to advance our signing skills and understanding ourselves and others.

You will have the opportunity to discuss, share and reflect your thoughts about your life journey and self-discoveries.

We will exchange perspectives, life values, and beliefs through thought-provoking discussion and activities. American Sign Language will be the primary communication mode, and activities will foster and strengthen your ASL skills.

Polish your American Sign Language skills, deepen your learning and forward your actions today!

The retreat includes:

- Meditation and relaxation
- Experiential, visualization exercises
- Life and Language activities
- Accommodations in a natural environment
- Fresh, healthy meals
- Free time to reflect, journal, walk and rest
- Saturday evening Bonfire (weather permitting)

The retreat is for signers only. All signers, advanced sign language students, interpreter students, interpreters, family members who can sign, deaf community members, Deaf people, hard of hearing people and professionals who work with Deaf People are welcome.

### Retreat Schedule

#### Friday

- 3:30 PM Arrival/Check in
- 5:30 PM Opening Circle
- 6:00 PM Dinner
- 7:00 PM Navigation Session 1
- 9:00 PM Bonfire (weather permitting)

#### Saturday

- 7:30 AM Morning Walk
- 8:00 AM Reflective Breakfast
- 9:00 AM Navigation Session 2
- 12 Noon Reflective Lunch
- 1:00 PM Navigation Session 3
- 3:00 PM Coaching/Mentoring Sessions
- 6:00 PM Dinner
- 7:00 PM Navigation Session 4

#### Sunday

- 7:30 AM Morning Walk
- 8:00 AM Reflective Breakfast
- 9:00 AM Navigation Session 5
- 12 Noon Lunch
- 1:30 PM Closing Circle
- 2:00 PM Depart

### Retreat Program

- \$225 per person if registered by October 11, 2011
- \$235 per person if registered after October 11, 2011
- \$200 per student with student ID anytime

### Optional Lodging at Star Lake Lodge

- Two nights lodging: \$100.00 per person  
(\$50.00 per night per person)

**Optional Meals:** \$80 per person for 6 meals

**Registration/Payment:** Click choice to register and pay.



**Questions?** E-mail Deborah Mayer at [deborah@crossroadsolutionscoach.com](mailto:deborah@crossroadsolutionscoach.com)

Star Lake Lodge  
& Retreat Center  
268 Macopin Road  
Bloomingdale, NJ 07403  
45 minutes from NYC



**Carole Lazorisak, MA; RID: CDI & RSC;  
ASLTA: Professional; Master Mentor**

[www.ASLNavigator.com](http://www.ASLNavigator.com)

Carole is a Master Mentor, certified ASL instructor, interpreter trainer and workshop facilitator for over 30 years. Carole's expertise is in communication, language and cultural studies, interpreting, assessment, and training. Her book, *The Complete Idiot's Guide to Conversational Sign Language Illustrated*, including a DVD was published September 2004.



**Deborah S. Mayer, MA, CRC  
Associate Certified Coach, ACC**

[www.crossroadsolutionscoach.com](http://www.crossroadsolutionscoach.com)  
Deborah is the owner of Crossroad Solutions Coach, LLC. She coaches one-to-one and leads interactive workshops, conferences and retreats for Deaf and hearing communities.

Deborah teaches Professional Coaching certificate courses at Gallaudet University.



Sponsored by Missouri Commission for the Deaf, an RID CMP-approved sponsor for continuing education activities.



1.4 hours Professional Studies CEUs and 1.3 RID CEU credits provided by Gallaudet University. Certificates of Attendance provided.

